



## Bean and Barley Soup

### Kit Ingredients:

- 1/2 cup Green Split Peas
- 1/2 cup Barley
- 1 cup Red Beans
- 1/2 cup Lentils
- 1/4 cup Dried onions
- 1/3 cup Beef Bouillon
- 2 tbsp Italian Seasoning
- 2 tbsp Tomato Powder

### Additional Items Needed:

- 12 Cups Water
- Optional: 2 ribs celery sliced; 2 carrots sliced; 1 can diced tomatoes; or 1 pound ground meat

### Cooking Instructions:

- 1) Combine contents of kits with water and optional ingredients in a large pot.
- 2) Bring to a boil
- 3) Cover, reduce heat, and simmer for 1-1.5 hours, or until beans have reached desired consistency
- 4) Eat and enjoy!



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